

# Safe Snack Guide

by [SnackSafely.com](http://SnackSafely.com)

## Commonly Available Snacks Free of Peanuts, Tree Nuts and Eggs

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Do not use this guide after: September 10, 2013

After this date, download a new copy from: <http://snacksafely.com/snackguide>

### About this guide

Snacks listed in this guide have been selected because:

- They do not contain peanuts, tree nuts and eggs as ingredients;
- Their packaging list no warnings that these allergens may have been introduced during manufacturing;
- For many, we have verified the manufacturing and labeling practices via participation in the SnackSafely.com Manufacturer Partnership Initiative or with their respective manufacturer's consumer services.
- They are readily available at your local supermarket, health food store or direct from the manufacturer.

Items marked with a ✓ green checkmark are specifically marketed by their manufacturers to be free of these allergens, whether on their packaging, in promotional literature, on their website, or in writing to us.

Items listed in **boldface** are participating in our Manufacturer Partnership Initiative and disclose their manufacturing processes regarding 11 allergens directly to SnackSafely.com via our Manufacturers' Portal.

**Please read the following disclaimer before using this guide. Your use of this guide indicates that you understand, except and agree to its limitations:**

**DISCLAIMER:** ALL INFORMATION REGARDING INGREDIENTS AND MANUFACTURING PROCEDURES WERE COMPILED FROM CLAIMS MADE BY THE PRODUCTS' MANUFACTURERS ON THEIR LABELS OR THROUGH OTHER MEANS AND MAY ALREADY BE OUT OF DATE. ALTHOUGH EVERY EFFORT HAS BEEN MADE TO BE AS ACCURATE AS POSSIBLE, WE DO NOT ACCEPT ANY LIABILITY FOR ERRORS OR OMISSIONS MADE BY US OR THE PRODUCTS' RESPECTIVE MANUFACTURERS. THIS LIST IS FOR INFORMATIONAL PURPOSES ONLY AND IS INTENDED TO SERVE AS A GUIDE, NOT AS AN AUTHORITATIVE SOURCE, AND IS NOT INTENDED TO REPLACE THE ADVICE OF ANY MEDICAL PROFESSIONAL. PRIOR TO PURCHASING ANY LISTED FOOD ITEM, IT IS YOUR RESPONSIBILITY TO CHECK THE PRODUCT LABEL TO ENSURE THAT UNDESIRED ALLERGENS ARE NOT INCLUDED AS INGREDIENTS AND TO VERIFY WITH THE MANUFACTURER THAT TRACE AMOUNTS OF UNDESIRED ALLERGENS WERE NOT INTRODUCED DURING THE MANUFACTURING PROCESS. CURRENT FDA LABELING GUIDELINES DO NOT MANDATE MANUFACTURERS DISCLOSE POTENTIAL ALLERGENS THAT MAY BE INTRODUCED AS PART OF THE MANUFACTURING PROCESS.

Please note:

- We welcome and encourage your comments, corrections, testimonials, feedback and suggestions. Please direct all remarks and inquiries to 'comments@snacksafely.com'.
- This list is updated frequently. By using this guide you agree to discard this copy and download a new copy after the expiration date displayed above. The most recent version is always available at <http://snacksafely.com/snackguide>.
- We strongly urge you to subscribe to updates at SnackSafely.com to be notified of periodic changes to this list as a result of advisories and additions. You can do so here: <http://snacksafely.com/subscribe>.
- We encourage schools, youth sports leagues, clubs, organizations and bloggers who wish to refer to this guide on their respective websites to use the following link: <http://snacksafely.com/snackguide>.
- Our site provides advocacy and helpful articles related to children with food allergies including information regarding food product labeling. Visit us at <http://snacksafely.com> for more information.

## PRETZELS

- *Bachman* – Twist, Butter Twist, Mini Bite Size, Thin N Right, Pretzel Rods, Kidzels, Pretzel Stix, Nutzels (bite-size), Hard Sourdough, Pita Pretzel Squares, Kidzels 100 Calorie Pack
- *Herr's* – Extra Thin, Rods, Whole Grain Pretzel Sticks Honey Wheat
- *Rold Gold* – Thins, Sticks, Rods, Tiny Twists, Lightly Salted Tiny Twists, Tiny Twists Cheddar, Tiny Twists Honey Mustard, Sourdough, Honey Wheat, Cheesy Garlic
- *ShopRite* – Mini, Mini Fat Free, Mini No Surface Salt, Gem, Amish Pretzel Sticks, Amish Pretzels Fat Free, Amish Pretzels No Surface Salt, Thin, Thin Fat Free, Waffle, Rods, Stick Pretzels Fat Free
- *Newman's Own* – Salted Sticks, Salted Pretzel Rounds, Unsalted Pretzel Rounds, Spelt Pretzels
- *Pepperidge Farm Goldfish Pretzels*
- *Pepperidge Farm 100 Calorie Pouches Goldfish Pretzels*
- *Nabisco 100 Calorie Mister Salty Milk Chocolate Pretzels*
- *Nabisco 100 Calorie Mister Salty Yogurt Flavored Pretzels*
- *Oatzels* – Original, No Salt Added
- *Kraft Handi-Snacks Mister Salty Pretzels 'n Cheese Dip*
- *Ritz Munchables Pretzel Rounds*– Buttery flavor, Cheesy Sour Cream & Onion, Spicy Chipotle Cheddar
- *Utz Halloween Pretzel Treats*
- *Utz Pretzel Rods*
- *Utz Thin Pretzels*
- ✓ *AllerEnergy Gluten-Free Soft Pretzels*

## POPCORN

- *Bachman* – Original, Light
- *Good Health Natural Foods* – Half Naked Popcorn with a Hint of Olive Oil
- *Kurly Korn* – Premium Cinema Popcorn
- *Sage Valley* – Lite Organic Popcorn
- *Smartfood* – White Cheddar, Reduced Fat, Movie Theater Butter
- *Utz Popcorn* – Butter, Cheese, White Cheddar
- *Wise* – Original Butter, White Cheddar
- ✓ *Divvies Popcorn* – Caramel Corn, Chocolate Caramel Corn, Kettle Corn

## CHEESE SNACKS

- *Cheetos* – Puffs, Puffs Honey BBQ, Crunchy, Flamin' Hot Crunchy, Baked
- *Herr's Baked Cheese Curls*
- *Kurly Kurls*
- *Kurly Go Rounds*
- *Original Tings Crunchy Corn Sticks*
- *Pirate's Booty*–Aged White Cheddar, Sour Cream & Onion, New York Pizza
- *Smart Puffs*
- *Sage Valley* – (all natural) White Cheddar Puffs
- *Utz Halloween Mini Cheese Ball Treats*
- *Utz* – Cheese Curls, Crunchy Cheese Curls, Cheese Balls, Hot Cheese Curls, Hot Cheese Balls, Hot Crunchies
- *Wise Cheez Doodles* – Puffed, Puffed O's, Crunchy

## POTATO CHIPS

- *Baked Ruffles* – Original, Cheddar & Sour Cream
- *Baked Lay's* – Original, Sour Cream & Onion, Parmesan and Tuscan Herb
- *Cape Cod* – Original, Sour Cream & Green Onion
- *Herr's* – Crisp 'n Tasty, Ripples, Sour Cream & Onion, Barbecue, Salt & Vinegar, Lightly Salted, Red Hot
- *Herr's Kettle Cooked* – All Natural, Mesquite BBQ, Dark Potato Chips, Reduced Fat, Boardwalk Salt & Vinegar, Jalapeno
- *Kettle Brand* – Sea Salt, Sea Salt & Vinegar, Buffalo Bleu, Fully Loaded Baked Potato, Sweet Onion, Sour Cream and Onion, Jalapeno
- *Kettle Brand Bakes* – Sea Salt, Aged White Cheddar, Hickory Honey Barbeque, Sea Salt & Vinegar
- *Lay's* – Classic, Barbecue, Sour Cream & Onion, Lightly Salted, Cheddar & Sour Cream, Wavy Original, Salt & Vinegar, Garden Tomato & Basil, Honey Mustard, Honey Barbecue
- *Lay's Kettle Cooked* – Original, Sea Salt & Vinegar, Reduced Fat, Jalapeno, Sea Salt & Cracked Pepper
- *Munchos*
- *Mystic Kettle Potato Chips* – Regular, Reduced Fat, Dark Russet, Sea Salt & Vinegar
- *Natural Lay's* – Sea Salted
- *Popchips* – Original Potato, Barbeque Potato, Cheddar Potato, Sour Cream & Onion Potato, Sea Salt & Vinegar Potato, Salt & Pepper Potato *Fritos* – Original, Flavor Twists Honey BBQ, Scoops, Bar-B-Q
- *Pringles* – Original, Reduced Fat, BBQ
- *Pringles Snack Packs* – Original, 100 Calorie Snack Packs Original
- *Ruffles* – Original, Reduced Fat, Sour Cream & Onion, Cheddar & Sour Cream, Loaded Chili & Cheese, Molten Hot Wings
- *ShopRite* – Original, Krinkle Cut, No Salt Added, Salt & Vinegar, Barbecue
- *ShopRite Organic* – Barbecue
- *ShopRite Kettle Potato Chips* – Original, Sea Salt & Pepper
- *Utz* – Original, Ripples, Wavy, Sour Cream & Onion, No Salt added, Salt 'n Vinegar
- *Utz Baked* – Original, Ripple, B-B-Q
- *Utz Natural Kettle Cooked* – 40% Reduced Fat, Gourmet Medley
- *Utz Mystic Potato Chips* – Reduced Fat
- *Wise* – All Natural, Lightly Salted, BBQ, Unsalted, Salt & Vinegar, Onion & Garlic, Honey BBQ
- *Wise Ridgies* – All Natural, Sour Cream & Onion, Cheddar & Sour Cream

## RICE SNACKS

- *Quaker Quakes Rice Snacks* – Carmel Corn, Ranch, Sea Salt & Cracked Black Pepper, Kettle Corn, Chocolate, Sweet Chili, Cheddar Cheese, Sour Cream & Onion
- *Lundberg Organic Rice Cakes* – Rice with Popcorn, Brown Rice, Mochi Sweet, Sweet Green Tea
- *Soy Crisps*

## VEGETABLE CHIPS

- *Good Health Natural Foods* – Veggie Chips, Veggie Stix, Pizza Veggie Stix
- *Terra Exotic Vegetable Chips* – Original, Sweets & Beets, Sweets & Carrots, Sweet Potato, Spiced Sweet Potato, Exotic Harvest Sweet Onion, Exotic Harvest Sea Salt, Terra Blues
- *Sensible Portions* - Garden Veggie Straws, Garden Veggie Chips
- *Pirate's Booty Veggie*

## CORN/TORTILLA CHIPS

- *Bachman Tortilla Chips* – Restaurant Style, MultiGrain
- *Doritos* – Nacho Cheese, Cool Ranch, Spicy Nacho, Tacos Flavor, Spicy Sweet Chili, Toasted Corn Pizza Supreme
- *Utz Tortilla Chips* – White Round, Yellow Round, Restaurant Style, Baked, Dippable, Hint of Lime
- *Utz Corn Chips* – Regular, BBQ
- *Garden of Eatin' (organic)* – Blue Corn Restaurant Style Tortilla Chips, White Corn Restaurant Style Tortilla Chips, Yellow Chips, Blue Chips, Red Hot Blues, Guac-A-Mole
- *Herr's* – Restaurant Style, Bite Size Dippers
- *Natural Tostitos Organic* – Yellow Corn, Blue Corn
- *Sage Valley (organic)* - Yellow Corn Tortilla Chips
- *Santitas* – Tortilla Triangles
- *Stacy's Pita Chips* – Simply Naked, Cinnamon Sugar, Parmesan Garlic & Herb
- *Sun Chips* – Original, Harvest Cheddar, French Onion, Garden Salsa, Jalapeno Jack
- *Tostitos* – Restaurant Style, Scoops, Crispy Rounds, Multigrain, Multigrain Scoops, Bite Size, Hint of Jalapeno, Hint of Lime
- *Tostitos Artisan Recipes* – Roasted Garlic & Black Bean, Fire-Roasted Chipotle
- *Utz Tortilla Chips* – Restaurant Style, White Corn, Baked

## FLOURS/MIXES/CRUMBS

- ✓ *Allergic Solution Cake Mixes* – Carob, Vanilla
- ✓ *Allergic Solution Yeast Free Bread Mix*
- ✓ *Allergic Solution Pancake/Waffle Mix*
- ✓ *Southern Homestyle Gluten Free Corn Crumbs* – Cornflake, Tortilla

## PEANUT BUTTER ALTERNATIVES

- ✓ *I.M. Healthy SoyNut Butter* – Chocolate, Honey Creamy, Honey Chunky, Original Creamy, Original Chunky, Unsweetened Creamy, Unsweetened Chunky
- ✓ *SunButter* – Creamy, Natural No-Stir Creamy, Natural, Natural Crunch, Natural Omega-3, Organic Unsweetened
- ✓ *Wowbutter*

## GRAHAM CRACKERS

- *Nabisco Grahams* – Original
- *Nabisco Honey Maid* – Honey, Low Fat Honey, Cinnamon, Low Fat Cinnamon, Chocolate, Fresh Stacks
- *Goldfish Grahams* – Cinnamon, Vanilla, Chocolate, Chocolate Chip
- *Keebler Grahams* – Original, Cinnamon, Honey
- *Keebler Scooby-Doo Graham Cracker Sticks* – Honey, Cinnamon
- *Keebler Grahams Bites* - Cinnamon
- *ShopRite* – Sugar Honey Grahams, Sugar Honey Grahams Low Fat, Chocolate Grahams, Cinnamon Grahams, Cinnamon Grahams Low Fat
- *Teddy Grahams* – Cinnamon, Honey, Chocolate, Chocolatey Chip, Mini
- *Dunkaroos* – Cinnamon Graham, Honey Graham

## CRACKERS

- *All-Bran Crackers* – Multi-Grain
- *Cheese Nips* – Cheddar, Reduced Fat Cheddar, SpongeBob Square Pants
- *Cheez-It* – Original, Reduced Fat, Big, White Cheddar, Reduced Fat White Cheddar, Hot & Spicy, Parmesan & Garlic, Duoz, Scrabble Junior, Cheddar Jack, Pepper Jack, Baby Swiss, Italian Four Cheese, Colby, Whole Grain, Gripz
- *Cheez-It Snack Mix*
- *Goldfish* - Saltine, Cheddar, Whole Grain, Pizza, Parmesan, Baby Cheddar, Colors, Mix-Up, Pretzel
- *Goldfish Flavor Blasted* – Xtra Cheddar, Slammin' Sour Cream & Onion, XPlosive Pizza
- *Goldfish Mix-Up Adventures* – Xtra Cheesy Pizza, Pretzel & Flavor Blasted Xtra Cheddar
- *Goldfish Grahams* –Cinnamon, Vanilla, Chocolate, Chocolate Chip
- *Goldfish 100 Calorie Pouches* – Cheddar, Pretzel
- *Keebler Club* – Original, Reduced Fat, Multi-Grain, Buttery Garlic, Minis Original, Minis Multi-Grain
- *Keebler Club Snack Sticks*- Original, Honey Wheat
- *Keebler Sandwich Cracker* - Club and Cheddar
- *Keebler Wheatables* – Golden Wheat, Toasted Honey Wheat
- *Kellogg's Special K Crackers* – Multi-Grain, Savory Herb
- *Kraft Handi-Snacks Ritz Crackers 'n Cheese Dip*
- *Kraft Handi-Snacks Premium Breadsticks 'n Cheese Dip*
- *Kraft Handi-Snacks Mister Salty Pretzels 'n Cheese Dip*
- *Nabisco 100 Calorie Ritz Snack Mix*
- *Nabisco 100 Calorie Sweet & Salty Mix Kettle Flavor*
- *Nabisco Premium Saltines* – Original, Unsalted Tops, Hint of Salt, Fat Free, Whole Grain, Minis, Fresh Stacks
- *Nabisco Premium Soup & Oyster Crackers*
- *Pepperidge Farm Baked Naturals Cracker Chips* – Simply Potato, Cheddar & Sour Cream Potato, Simply Multi-Grain
- *Pepperidge Farm Baked Naturals Cheese Crisps* – Cheddar, Four Cheese Italian Herb
- *Pepperidge Farm Baked Naturals Wheat Crisps* – Toasted Wheat
- *Pepperidge Farm Distinctive Crackers* – Golden Butter
- *Ritz* – Original, Whole Wheat, Reduced Fat, Hint of Salt, Roasted Vegetable, Fresh Stacks
- *Ritz Munchables Pretzel Rounds*– Buttery flavor, Cheesy Sour Cream & Onion, Spicy Chipotle Cheddar
- *Ritz Toasted Chips* – Main Street Original, Dairyland Cheddar
- *Ritz Crackerfuls* – Classic Cheddar, Four Cheese, Cheddar & Bacon
- *Ritz Crackerfuls Multigrain* – Sharp Cheddar, Garden Vegetable, Garlic Herb
- *ShopRite Society Crackers*
- *ShopRite Cheese Crackers*
- *ShopRite Whole Wheat Wafers* – Original, Reduced Fat, Rosemary & Olive Oil
- *ShopRite Wheat Snacks* – Original, Reduced Fat
- *ShopRite Saltines* – Original, Fat Free, Unsalted Tops, Wheat
- *ShopRite Bits Crackers* – Original, Low Sodium, Wheat, Roasted Vegetable
- *ShopRite Oyster Crackers*
- *Stoned Wheat Thins* – Original, Lower Sodium, Mini

## CRACKERS (continued)

- *Sunshine Saltines* – Krispy Original
- *Town House* – Original, Wheat, Reduced Fat
- *Town House Toppers* – Original
- *Town House Flipsides Pretzel Crackers* – Original, Reduced Fat, Cheddar, Garlic & Herb
- *Town House Flatbread Crisps* – Italian Herb, Sea Salt & Olive Oil
- *Triscuit* – Original, Reduced Fat, Hint of Salt, Garden Herb, Rosemary & Olive Oil, Fire Roasted Tomato & Olive Oil, Cracked Pepper & Olive Oil, Roasted Garlic, Rye with Caraway Seeds
- *Triscuit Minis* – Original
- *Triscuit Thin Crisps* – Original, Parmesan Garlic, Four Cheeses, Chile Pepper
- *Wheat Thins* – Original, Reduced Fat, Hint of Salt, Ranch, Reduced Fat Garlic & Herb, 100% Whole Grain, Sundried Tomato & Basil, Multigrain, Parmesan & Basil
- *Wheat Thins Fiber Selects* – 5 Grain, Garden Vegetable

## CAKES/MUFFINS

- ✓ *Sweet Alexis Cake* – Chocolate
- ✓ *Sweet Alexis Cupcakes* – Chocolate/Buttery Cream Frosting, Chocolate/Chocolate Frosting, Chocolate/Orange Frosting, Chocolate/Pink Buttery Cream Frosting, Pumpkin, Red Velvet
- ✓ *Sweet Alexis Muffins* – Applesauce Raisin, Banana, Blueberry, Pumpkin Raisin, Zucchini
- ✓ *Divvies Cupcakes* – Blue, Chocolate, Green, Orange, Pink, Red, Yellow, Vanilla
- ✓ *HomeFree* – Organic Apple Coffee Cake, Organic Cranberry Coffee Cake

## NUTRITION BARS, CEREAL BARS and TOASTER PASTRIES

- *Nutri Grain Cereal Bars* – Blueberry, Strawberry, Apple Cinnamon, Blackberry, Mixed Berry, Raspberry, Cherry Pomegranate, Strawberry Acai
- *Special K Bar* – Blueberry, Strawberry, Chocolatey Drizzle, Raspberry Cheesecake, Vanilla Crisp
- *Kellogg's Rice Krispies Treats* – Original
- *Kellogg's Pop Tarts* – Brown Sugar, Cinnamon, Blueberry Unfrosted, Frosted Apple, Frosted Strawberry, Strawberry Unfrosted, Low Fat Frosted Strawberry, Frosted Cherry, Frosted Wild Berry
- *Kellogg's Pop Tart Mini Crisps* – Frosted Chocolate, Frosted Strawberry
- *Natures Path Organic Toasted Pastries* – Frosted Chocolate, Frosted Strawberry, Frosted Cherry Pomogran, Blueberry
- ✓ *AllerEnergy Nutrition Bars* – Apple Cinnamon, Blueberry, Cherry Blossom, Chocolate Chip
- ✓ *EnerPro* – Double Chocolate Bar, Oatmeal Chocolate Bar
- ✓ *Enjoy Life Chewy Bars* – Caramel Apple, Cocoa Loco, Sunbutter Crunch
- ✓ *Nonuttin' Granola Bars* – Apple Cinnamon, Chocolate Chip, Double Chocolate Chunk, Raisin

## GRANOLA/TRAIL MIXES/SEEDS

- ✓ *I.M. Healthy Granola* – Plain, w/Fruit
- ✓ *Enjoy Life Granola* – Cinnamon Raisin Crunch, Very Berry Crunch, Double Chocolate Crunch
- ✓ *Enjoy Life Seed and Fruit* – Beach Bash, Mountain Mambo
- ✓ *Gerbs Pumpkin Seeds* – Touch of Sea Salt, Light Sea Salt, Sea Salt N' Cracked Pepper, Roasted Red Pepper, Toasted Onion & Garlic, Sunflower Seeds
- ✓ *Nonuttin' Granola* – Blueberry Maple, Cranberry Apple, Vanilla Cinnamon, Vanilla Caramel
- ✓ *Nonuttin' Trail Mix* – Berry Delight, Fruit Explosion, Energy Explosion

## COOKIES

- *Oreos* – Original, Reduced Fat, Double Stuf, Cool Mint, Golden, Golden Double Stuf, Chocolate, Golden Chocolate, Sugar Free, Berry Burst Ice Cream, Halloween, Triple Double, Double Stuf Heads or Tails, Mini
- *Kraft Handi-Snacks Oreo Cookie Sticks 'n Creme Dip*
- *Chips Ahoy* – Chocolate Chip, Reduced Fat, Candy Blasts, Chunky, Chewy, Halloween, White Fudge Chunky, Mini
- *Newtons* – Original Fig, Fat Free, Whole Grain, Strawberry, Raspberry
- *Newtons Minis* – Whole Grain Fig
- *Newtons Fruit Crisps* – Apple Cinnamon
- *Dare Foods-Breaktime* – Chocolate Chip, Oatmeal, Ginger
- *Dare Foods Pure Chocolate Whippet*
- *ShopRite Scrunchy Animal Crackers*
- *ShopRite ABC Cookie Squares*
- *Barnum's Animal Crackers* – Original
- *Keebler Vanilla Wafers* – Original, Mini
- *Nabisco Ginger Snaps*
- *Snackwells* – Vanilla Creme Sandwich, Double Chocolate Chip Cookies 100 Calorie Packs, Fudge Drizzled Chocolate Chip Cookies 100 Calorie Packs, Fudge Shortbread Fudge Petites 100 Calorie Packs, Mint Fudge Shortbread Fudge Petites 100 Calorie Packs
- *Nabiscos Biscos Sugar Wafers* – Creme Filling
- *Lorna Doone Shortbread Cookies*
- *Nabisco Classics* – Iced Animal Cookies, Oatmeal, Soft Oatmeal Raisin, Iced Oatmeal, French Vanilla Creme
- *Nabisco 100 Calorie Packs* – Oreo Thin Crisps, Chips Ahoy Thin Crisps, Lorna Doone Shortbread Cookie Crisps
- ✓ *Sweet Alexis Cookies* – Chocolate Chip, Ginger, Lemon Sugar, Oatmeal Chocolate Chip, Oatmeal, Shortbread, Sunflower Butter Chocolate Chip
- ✓ *Sweet Alexis Novelty Vanilla Cookies* – Baseball, Basketball, Blue, Flower, Happy Face, Heart, Patriotic, Shamrock
- ✓ *Sweet Alexis "Wheatless" Cookies* – Chocolate Chip
- ✓ *Divvies Cookies* – Chocolate Chip, Choco-lot Brownie, Molasses Ginger, Oatmeal Chocolate Chip, Oatmeal Raisin, Sugar Cookie
- ✓ *Enjoy Life* – Soft Baked Varieties: Chocolate Chip, Double Chocolate Brownie, Snickerdoodle, Gingerbread Spice, Happy Apple, Lively Lemon, No Oats "Oatmeal"; Crunchy Varieties: Chocolate Chip, Double Chocolate, Sugar Crisp, Vanilla Honey Graham
- ✓ *Home Free* – Chocolate Chip, Chocolate Chocolate Chip, Gluten Free Oatmeal, Gluten Free Mini Chocolate Chip, Gluten Free Mini Oatmeal Chocolate Chip
- ✓ *Lucy's Cookies* – Sugar Cookie, Cinnamon Thin, Chocolate Chip, Oatmeal Cookie, Ginger Snap, Maple Bliss, Chocolate

## MARSHMALLOW

- *ShopRite Marshmallows*
- *Campfire Marshmallows*
- ✓ *AllerEnergy Marshmallows, Marshmallow Treats, Marshmallow Crème*

## CHOCOLATE

- *Hershey's Chocolate Bars* – 1.55 oz Bars, King Size 2.6 oz (Note: other sizes may **not** be safe)
- *Hershey's Chocolate Kisses*
- *Hershey's Chocolate Kisses Special Dark*
- ✓ *Amanda's Own Confections* – Chocolate Bars, Chocolate Chips, Chocolate Shape Varieties, Crispy Bark, Marshmallow Clusters, Peppermint Bark
- ✓ *Divvies* – Two Chocolate Hearts, BingGo! Divvine Chocolate, BingGo! Benjamint Crunch, Bag of Chips, Divvisaurus
- ✓ *Enjoy Life* – Mega Chunks, Mini Chips
- ✓ *Enjoy Life Boom Choco Boom Bars* – Crispy Rice, Dark Chocolate, Rice Milk
- ✓ *Nonuttin'* – Dark Chocolate Chunks

## CANDY

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| <ul style="list-style-type: none"> <li>• <i>Andes Mints</i> – All varieties</li> <li>• <i>Charms Sweet Pops</i></li> <li>• <i>Charms Blow Pops</i></li> <li>• <i>Charms Blow Pop Minis</i></li> <li>• <i>Crows</i></li> <li>• <i>Cry Baby</i></li> <li>• <i>Dots</i></li> <li>• <i>Double Bubble Gum</i> – All varieties</li> <li>• <i>Dum Dum Pops</i></li> <li>• <i>Frooties</i></li> <li>• <i>Good &amp; Plenty</i></li> <li>• <i>Hot Tamales</i></li> <li>• <i>Kraft Caramels</i></li> <li>• <i>Lifesavers Hard Candies</i></li> <li>• <i>Lifesavers Gummies</i></li> <li>• <i>Lifesavers Gummies Collisions</i></li> <li>• <i>Mike and Ike</i></li> <li>• <i>Milk Duds</i></li> <li>• <i>Jolly Rancher Hard Candy</i></li> <li>• <i>Jolly Rancher Doubles</i></li> </ul> | <ul style="list-style-type: none"> <li>• <i>Pez</i></li> <li>• <i>Push Pop</i></li> <li>• <i>Red Vines</i></li> <li>• <i>Razzles</i></li> <li>• <i>Rolo</i></li> <li>• <i>Skittles</i> – All varieties</li> <li>• <i>Smarties</i></li> <li>• <i>Sour Patch Kids</i></li> <li>• <i>Sour Punch Straws</i> – Apple, Strawberry</li> <li>• <i>Starburst Fruit Chews</i> – All varieties</li> <li>• <i>Starburst GummiBursts</i> – All varieties</li> <li>• <i>Starburst JellyBeans</i> - All varieties</li> <li>• <i>Sugar Babies</i></li> <li>• <i>Sugar Daddies</i></li> <li>• <i>Swedish Fish</i></li> <li>• <i>Tootsie Pops</i></li> <li>• <i>Tootsie Rolls</i> – Chocolate and Fruit Flavors</li> <li>• <i>Twizzlers</i> – All wrapped varieties</li> <li>• <i>Whoppers</i> – Original Only</li> <li>• <i>Zours</i></li> </ul> |
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- ✓ *Amanda's Own Confections* – Assorted Gourmet Jelly Beans, Sour Gummy Bears, Sour Gummy worms
  - ✓ *Divvies* – Hearts 4 U!, Super Stars, Solid Gum Balls, Jelly Beans, Blue Rock Candy
  - ✓ *Surf Sweets* – Fruity Bears, Gummy Bears, Gummy Swirls, Gummy Worms, Jelly Beans, Organic Fruity Hearts, Sour Berry Bears, Sour Worms



# Safe Snack Guide

## FRUIT SNACKS

- *Betty Crocker Fruit Roll-Ups*
- *Betty Crocker Fruit By The Foot*
- *Fruit Gushers*
- *Betty Crocker Fruit Flavored Snacks* – Dora the Explorer, Scooby-Doo, Batman, Spiderman, SpongeBob Square Pants, Shark Bites, Trans Formers, The Penguins of Madagascar, Ni hao Kai-Lan
- *Clif Kid Organic Twisted Fruit* – Strawberry, Mixed Berry
- *Annie's Organic Bunny Fruit Snacks* – Sunny Citrus, Tropical Treat
- ✓ *Funky Monkey Snacks* – Applemom, Bananamom, Carnaval Mix, JiveALime

## ICE CREAM

- *Dolly Madison* – Vanilla & Chocolate Ice Cream Cups, Ice Cream Sandwiches
- *White Rose Vanilla & Chocolate Ice Cream Cups*
- *Turkey Hill Ice Cream Sandwiches* – Vanilla Bean, Low Fat Vanilla Bean, Double Decker
- *Breyers* – 1.5 Quart Varieties: Black Raspberry Chocolate, Chocolate Chip, Creamy Vanilla Fat Free, Extra Creamy Vanilla, Peach, Triple Chocolate
- *Turkey Hill* – 1.5 Quart Varieties: Neapolitan, Original Vanilla, Vanilla & Chocolate

## ICE POPS and ICES

- *Dole Fruit Bars* – Variety 12 Pack (Strawberry, Grape, Raspberry)
- *Luigi's Real Italian Ice* – 6 Pack Varieties: Cherry, Lemon, Lemon & Strawberry, Mango, Watermelon & Blue Raspberry
- *Marino's Italian Ice* – 12 Pack Varieties: Blue, Bubble Gum, Cherry, Chocolate, Cola, Grape, Lemon, Lime, Mango, Orange, Pineapple, Rainbow, Strawberry, Tropical, Watermelon
- *ShopRite Red White Blue Pops 12 Pack*
- *Minute Maid Juice Bars* – 12 Pack Varieties: Cherry, Grape, Orange
- *Breyers Pure Fruit Bars* – 12 Pack (Strawberry, Orange, Raspberry)